Top 10 Things You Can Do for a Successful Re-Entry into the Community

While each individual's journey will be unique, this is a list of common things to consider to help make the transition from custody to community as smooth as possible.

1. Find safe and stable housing.
2. Find a stable source of food.
3. Learn about transportation options and obtain stable transportation.
4. Gather important documents such as birth certificate, social security card, ID card or driver's license (see the “Documents Checklist” for a quick guide).
5. Learn if you qualify for medical coverage and CalFresh (food stamps).
6. Go to a One-Stop, job assistance center or employment program for resume assistance and job resources.
7. Resolve any child support or legal issues.
8. Take care of your medical needs such as prescription refills, dental, vision, physical examination, HIV/STD/Hepatitis testing and treatment.
9. Build a positive support system of friends, family, and other helpful people.
10. Attend community support meetings, such as AA, NA, Ex-Offender Re-Entry programs and/or faith community meetings.

Dial 2-1-1 to be linked to a live, highly-trained, Information & Referral Specialist who will help you navigate through your situation by assessing your needs and then matching you to the most appropriate resources in your community. Assistance is confidential and offered in more than 170 languages. Or visit 211oc.org

http://www.sdcounty.ca.gov/hhsa/programs/phs/sdreentrytoolkit/