Are you thinking about getting CalFresh?

If you qualify, you’ll receive an EBT card that works like a debit card to shop for more fruits, vegetables, proteins, and other healthy foods.

CalFresh benefits can be used at supermarkets, convenience stores, pharmacies, and also stores like Target, Costco, some ethnic markets, and farmer’s markets!

New Changes to CalFresh-
• U.S. Citizenship and Immigration Services (USCIS) will not consider a person’s receipt of CalFresh as part of the public charge inadmissibility determination.
• Students enrolled at least half-time in an institution of higher education who are eligible for a work-study, or who have an expected family contribution (EFC) of $0 in the current academic year may also qualify for CalFresh.

3 easy ways to schedule an appointment
1. Call 2-1-1
2. Text your zip code to 898211
3. Visit ocfoodhelp.org

For Additional Resources: Dial 2-1-1
Required Documents:
  ID for all adults
  Proof of income
  Social Security numbers
  Proof of living expenses (such as rent, utilities, phone, childcare, and medical costs)

Gross Monthly Income Limits
(Effective Oct 1, 2021 – Sept 30, 2022)
  1 person: $2,148 per month
  2 people: $2,904 per month
  3 people: $3,660 per month
  4 people: $4,418 per month
  5 people: $5,174 per month
  6 people: $5,930 per month
  7 people: $6,688 per month
  8 people: $7,444 per month
  Each additional person: +$758 per month

Call 211OC today for assistance with applying for CalFresh.