

ARE YOU AGE 60 OR OVER **AND** WANT MORE MONEY TO PUT HEALTHY FOODS ON YOUR TABLE?

If so, you might be interested in **CalFresh**. If you qualify, you receive an Electronic Benefits card that works like a debit card to shop for more fruits, vegetables, proteins, and other healthy foods.



CalFresh benefits can be used at most supermarkets, neighborhood stores, farmers markets, and some online shopping!

If you have a limited income, you may be eligible! Social Security Retirement or Disability Benefits are eligible. You can also have a savings, a house and cars and still qualify!

If you have Supplemental Security Income (SSI) you may be eligible, call us!!

3 easy ways to schedule an appointment to apply

1. Call 2-1-1
2. Test your zip code to 898211
3. Visit ocgoodhelp.org



Required Documents:

- Photo ID for all adults
 - Proof of income
- Social Security numbers for each applicant
- Proof of living expenses (such as rent, utilities, phone, childcare, and medical expenses*)

If you do not have all of the required documents you can still apply!

Gross Monthly Income Limits

(Effective Oct 1, 2023 – Sept 30, 2024)

1 person: \$2,430 per month

2 people: \$3,288 per month

3 people: \$4,144 per month

4 people: \$5,000 per month

5 people: \$5,858 per month

6 people: \$6,714 per month

7 people: \$7,570 per month

8 people: \$8,428 per month

Each additional person: +\$858 per month

***Medical Expenses can include expenses you expect to have in the near future**

Allowable medical expenses include:

- Medical or Dental Care
- Hospitalization/outpatient treatment/nursing care
- Prescribed medications
- Health and Hospitalization insurance policy premiums
- Medicare Premiums (Medi-Cal share of costs, etc.)
- Dentures, hearing aids and prosthetics
- Maintaining an attendant necessary due to age, illness or infirmity
- The number and cost of meals furnished to an attendant
- Prescribed over the counter medications
- Cost of transportation (mileage or fee) and lodging to obtain medical treatment or services
- Prescribed eye glasses and contact lenses
- Prescribed medical supplies and equipment
- Service animals expenses